

THORNBURY



Toni and Ray from Sprout have contributed to a photography exhibition in Preston.

Picture: DAVID SMITH N05PT310

# HEALING WITH PHOTOS

Troels Sommerville

## SPROUT PROGRAM MEMBERS SHOW THEIR QUALITY SHOTS

SEEING the world from a different perspective is helping a group of people recovering from mental illness find their voice.

For the past six months, the group of six from Thornbury-based mental health recovery programme Sprout have been going out on field trips around the city photographing people, places and things that interest them.

Project leader Nikki Blanch said the program has helped foster confidence in the budding photographers as they head out into the community.

With a background in photography, Ms Blanch came up with the idea when she came to the organisation, seeing photography as a great social tool.

"I've found this project has not only given them new skills but, more importantly, given them confidence to get out into the community, taking part and engaging with strangers," she said.

"When they first started they were very shy about taking pictures or getting in front of the camera, but they've just grown so

much in confidence." The group then put together quality pictures for an exhibition of their work.

They came back and impressed Ms Blanch with the pictures that she organised for them to go on display at the The Old Fire Station Cafe in Preston.

The exhibition runs until August 29.

REVIEW: Paul Amy

## FEV FOREVER ENTERTAINING

"LIES, lies!" Brendan Fevola replied to a tweet promoting Roger Franklin's *Fev Unauthorised*.

It would be a "terrible book" the former AFL spearhead declared.

It is not. Franklin has produced an entertaining account of Fevola's controversial career.



**Fev Unauthorised (Slattery Media Group), \$34.95**

REVIEW: Mark Smith

## CASTLE CAPERS WILL ENCHANT

HAYAO Miyazaki's classic fantasy adventure is finally unleashed in high-definition in this beautifully packaged Blu-ray edition.

The heart-warming story follows the adventures of Sofi, a young girl who is turned into an old woman by a witch and must seek the aid of a mysterious wizard to help free her.



**Howl's Moving Castle (Blu-ray) Rated: PG; RRP: \$37.95**

When you're feeling lost ...I'm here.

1300 78 99 78  
www.menslineaus.org.au

**Mens Line AUSTRALIA**

**Melbourne Dance Theatre**

# Giselle

"A captivating display of superb ballet technique, outstanding grace, and great dramatic skill."

"Featuring international principal artists from New Zealand, USA, and Germany"

★★★★★

Friday 17th August 7:30pm  
Saturday 18th August 2:00pm & 7:30pm

**BOOKINGS: Box Office Call (03) 8470 8280**  
www.darebinartscentre.com.au

DAREBIN ARTS & ENTERTAINMENT CENTRE

2078165L-5AED5

## Find a course that really fits your future

### Super Thursday - NMIT's Open Day

With over 500 courses, across 6 campuses, you're sure to find a course to suit you

**Size up your future now**

16 August, 4pm - 7.30pm | 20 September, 4pm - 7.30pm

[www.nmit.edu.au/open](http://www.nmit.edu.au/open)  
**03 9269 8400**

**nmit**  
100 YEARS  
1 MILLION STORIES