



## LEHMO'S LOGIC

► When you buy a used car, it's important to put it up on blocks and have the experts give it a once over before you jump into the driver's seat. You never know what little surprises could be lurking. An oil leak, dodgy brake pads or a stereo that will only pick up Radio National.

Now that Gillon McLachlan is taking over as CEO, he will put the AFL up on blocks to see if any surprises are lurking. We know about ticketing, fixturing and other issues

but what other little surprises could be waiting for the AFL's new pilot?

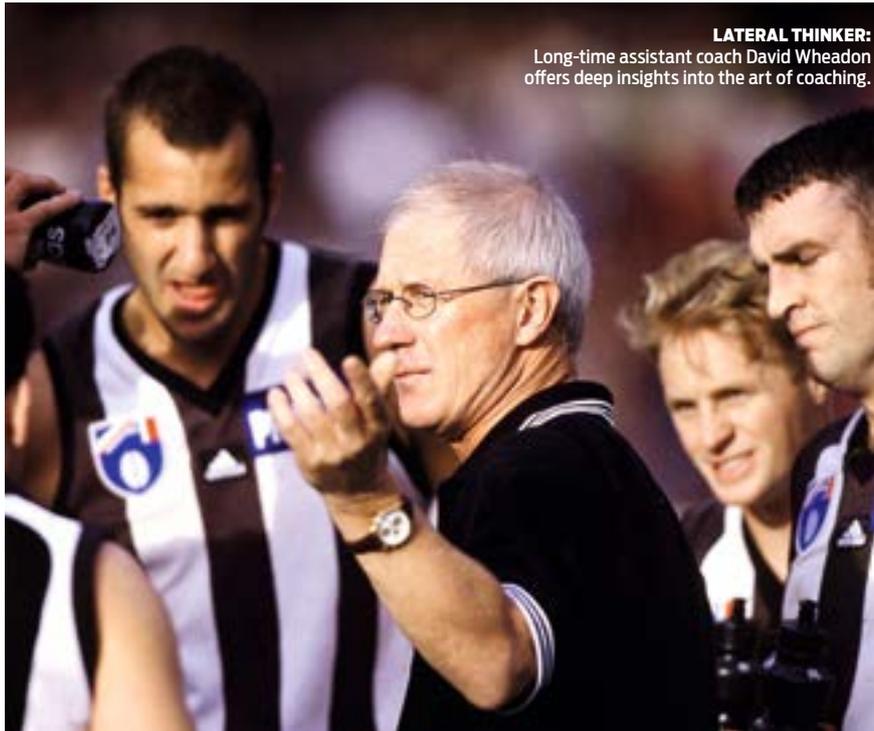
An agreement keeping **Andrew Demetriou** as the official vote reader at the Brownlow Medal? The broadcast deal to include a minimum of 40 cut-away shots of Eddie McGuire for each Collingwood loss? After his return from France, James Hird to take over as the CEO of the AFL?

All possibilities ... I can't wait to hear about them on Radio National.

### The Headline You Won't See This Week:

Melbourne confirms it is tanking.

Listen to Brig and Lehmo, 6-9am weekdays on GOLD104.3



**LATERAL THINKER:** Long-time assistant coach David Wheadon offers deep insights into the art of coaching.

### FROM THE INSIDE

## A new take on coaching

**W**hen one of football's most lateral thinkers puts pen to paper, it's time to put down pens and read.

David Wheadon's book *The Art of Coaching* delivers on its promise to explain and expose some of the real questions that occupy the time of football clubs.

That he manages to do so in a readable and accessible manner makes it a must read for coaches, assistant coaches and players at all senior levels and should also be part of an induction showbag for every prospective or current board member of an AFL club, or the AFL Commission.

After a slow but necessary start explaining the fundamentals of coaching, Wheadon gets moving midway through when he starts explaining how to teach skill, analyse the game and create a game-plan.

Think about the five performance characteristics Wheadon outlines for what separates the elite from a sub-elite player: anthropometric (body-size), physiological (athleticism), technical (technique), tactical

(decision-making) and psychological (mental) and suddenly you have the basis for assessing what might be the strengths and weaknesses of the stars we analyse on a weekly and annual basis.

Look at Jack Watts, Nic Naitanui or Chad Wingard through that lens and you might have a more measured response to what they need to work on.

It is just one example of the type of simple explanations this book contains that clarifies what can often be a confusing game.

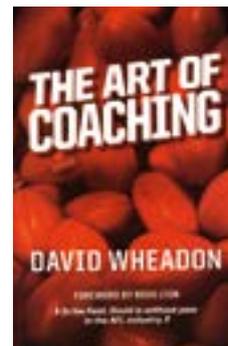
His final three chapters on the art of goalkicking are classics, a timely update on the aspect of the game that confounds us all.

Wheadon has a long history of involvement at the coalface at successful clubs, being on the coaching staff of three premiership teams – Essendon in 1993 and Geelong in 2007 and 2009.

This publication sits comfortably next to his two other classic publications *Drills and Skills in Australian Rules Football* (1989) and *Tactics in the Modern Game* (1991). **✎**

**PETER RYAN**

THE ART OF COACHING BY DAVID WHEADON, PUBLISHED BY SLATTERY MEDIA. RRP \$29.95.



## ROUND 7 MILESTONES

### 250 GAMES

**SCOTT JEFFERY**  
FIELD UMPIRE

### 200 GAMES



**RHYCE SHAW**  
SYDNEY

**AARON SANDILANDS**  
FREMANTLE

**JORDAN LEWIS**  
HAWTHORN

### AFL 200 CLUB



**HEATH SHAW**  
GWS GIANTS

178 premiership season games, 20 pre-season games, 1 State of Origin match

### 100 GAMES

**JARRYN GEARY**  
ST KILDA

### 50 GAMES

**STEVEN MORRIS**  
RICHMOND

**MATTHEW LOBBE**  
PORT ADELAIDE

**MATTHEW LEPPARD**  
FIELD UMPIRE

**BEN RYAN**  
FIELD UMPIRE

This list includes those not necessarily selected but on the verge of milestones.