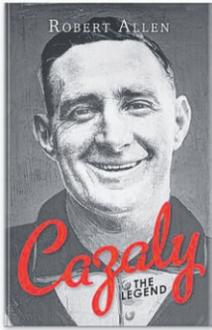


# CL Bookshelf



## CAZALY THE LEGEND

**Robert Allen**  
Slattery Media Group  
RRP \$39.95

THE name Roy Cazaly is synonymous with Australian Rules Football.

He was an inspiration to many on the playing field but also as a man, coach and so much more.

Still, while he was a player of extraordinary gifts, he was, above all, a family man.

This fine book details the playing life and beyond of Cazaly.

It is divided into sections, aptly named "quarters" and these come to represent the strata of Cazaly's life.

But more than this, the book is a well-written history of the development of AFL in Cazaly's lifetime.

Cazaly was not a player who stayed at one club. He played in Hobart, Melbourne and in the country. Selected for Victoria, he was a player who was equally admired for his skills — high marking in particular — as he was for his inspirational leadership. This is evident in many anecdotes in the book.

For football devotees, this is a book that will give a full appraisal of Cazaly's career and successes.

Its excellent appendix offers statistical detail and summaries of on-field performances.

For those who want to do further reading and research, the book's meticulous endnotes provide a list of sources.

Still, beyond the precision of the book, what comes through is the slow building of a legend. Cazaly was a self-effacing man.

He did not look for public acknowledgment. He simply played the game as he saw fit.

As a measure of his remarkable career, he was in 1996 one of the inaugural inductees into the Legends of the Australian Football Hall of Fame.

Besides this, Cazaly was a unionist and a Liberal Party candidate.

He believed, as Allen notes, "in the power of collective action".

Hence football and Roy Cazaly were, one could say, made for each other.

— Christopher Bantick

# Layers of comfort

## LASAGNE

**Sandra Mahut**  
**Hardie Grant**  
RRP \$16.99

**T**HINK comfort food and you think lasagne.

This is a book for busy people and yet those who may be looking for something other than the standard meat-based bolognese lasagne, or for that matter vegetarian lasagne.

Comprising of 30 imaginative and innovative recipes, without being fussy, lasagne takes on a whole new dimension.

While the results are sure-fire winners around dinner tables where people need filling, speed and efficiency is prioritised.

By way of a brief introduction, the book has a panel of "Principles" that show the basis to make a lasagne that will please.

Another panel gives details on the herbs used.

Both are practical and pertinent. The recipes themselves are excellent. There is plenty of scope for adventurous cooks to be inspired here and invent their own.

The format is clear and easy to follow.

The book is very well designed and has the cook in mind.

It will stay open on the benchtop while you cook from it. This matters.

Besides the book offering some excellent recipes, there is a tone here of making lasagne really an interesting main course.

The greens and goat's cheese recipe is outstanding, with more than a passing French influence.

Another with more than a little zing is the spinach and anchovy variant.



Lasagne is the kind of meal that is welcome any time.

The simple but reassuringly comforting tomato and mozzarella version is a classic Italian dish, as is the aubergine and pesto.

If you want to take lasagne into another register, then the leek and cured ham is one to try, and for a real frisson of flavours, the cheddar and chorizo is sure to be a favourite.

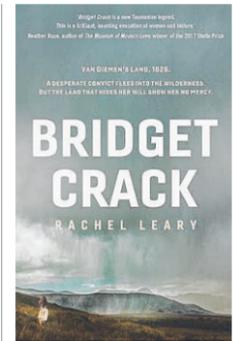
Another is the elegant trout and watercress. Try that for a dinner party.

This is by any measure a delight of a cookery book.

Mahut understands just how versatile lasagne can be and in that, she has done us all a favour.

— Christopher Bantick

WE HAVE FIVE COPIES TO GIVE AWAY



## BRIDGET CRACK

**Rachel Leary**  
Allen and Unwin  
RRP \$29.99

THE impenetrable Tasmanian wilderness takes on a character of its own in the dark and compelling novel, *Bridget Crack*.

It's the tale of strong-willed English convict Bridget Crack, who was imprisoned in England for exchanging counterfeit coins at a bakery and transported to Van Diemen's Land in 1826. Assigned as a domestic servant to a kindly master, Captain Marshall in Hobart Town, she is later punished for her insubordination by the mistress of the house, Eleanor.

She finds herself in a much worse situation and is reassigned to the interior and sent to live with a cruel master.

When she can no longer accept her fate, she escapes only to get lost in the wilderness and found by a group of volatile bushrangers.

Bridget is claimed by Matt Sheedy, a man on the run, who offers her some protection in the brutal environment. Hunted by soldiers, Bridget becomes part of the bushranger gang by association and ends up with a price on her head.

Author Rachel Leary manages to bring both the beauty and the harshness of the bush to life with great depth and poignant descriptions. You can feel Bridget's despair and the bitter cold and desolation of this severe, unrelenting landscape. The book also provides insight into the social nuances of the day and the way women were treated and disregarded.

The treatment of Aborigines is touched on with horror stories of brutality.

Captain Marshall's sister Jane, who is described as "different to most ladies", tries to help them but is unsupported.

Much of the novel is left to surmise how Bridget feels and there are many poignant moments, including when she re-reads a faded letter from her sister Kate in England where she hopes to return.

In the end it's her trusty dog, Bury, that offers loyalty and devotion.

— Sue Wallace

WE HAVE FIVE COPIES TO GIVE AWAY

## BOOKS TO WIN



TO enter the draw for books, put three tokens in an envelope, write your name address and book title on the back, and mail to: Books, PO Box 14755, Melbourne 8001.

**Closes October 26**

**Winners November 8**  
*Lasagne*, Sandra Mahut  
*Cazaly the Legend*, Robert Allen  
*Bridget Crack*, Rachel Leary

**Closes October 19**

**Winners November 1**  
*Crumbles*, Sabrina Fauda-Role  
*Writing True Stories*, Patti Miller  
*A Time of Secrets*, Deborah Burrows

**Closes October 12**

**Winners October 25**  
*Healthy Made Easy*, Luke Hines  
*Mystery Gut*, Kerry Phelps  
*Her*, Garry Disher

**Closes October 5**

**Winners October 18**  
*Ferment*, Holly Davis  
*Waltzing Australia*, Tim Borthwick  
*The Choke*, Sofie Laguna

## WINNERS

*New Pizza*, Stefano Manfredi — J. Rebeck, Pearce Dale; B. Jackson-Hall, Heidelberg Heights; T. Sorrenti, Coomboola; L. Boyle, Watchem; M. Heddel, Eddington.

*A Long Way from Wyandra*, Peter Moody - G. Watts, Drouin; I. Seddon, Cobram; D. Henwood, Garfield; L. Bryant, Merrigum; A. Petrie, Moyhu.

*We That Are Left*, Lisa Bigelow - J. Barrett, Tatura; T. Buckton, Greensborough; F. Cannon, Eppalock; D. Matheson, Trafalgar; J. Robinson, Abernethy.

## INVESTIGATOR

• The Costerfield Hall will celebrate its centenary on October 21. The current hall was built in 1917 after the original one burnt down. Celebrations start at 3pm with an unveiling of a plaque followed by afternoon tea, a sausage sizzle, a dance and supper. Entry \$10 per person. Anyone with old photos or memorabilia can bring them to display. For more: Marj Harris 03 54332625 or Norm Harris 03 54353635.

• Australian Breheny family members will host a reunion on Saturday, October 21.

This is a chance to meet other Brehenys and find out more about Breheny family history in Australia and around the world. The venue is at CUB Abbotsford brewery, which was founded by James Patrick Breheny in 1906. We have booked from 1pm to 6pm. Finger food will be provided and drinks will be at bar prices. There is a global Breheny gathering at the Harbour Hotel, Galway, Ireland on Saturday June 9, 2018. Contact James Breheny for information on +61 418 237354 or jamesb@spidermarketing.com.au.

Can you answer these queries? Do you have a question?  
Write to: Investigator, The Weekly Times, P.O. Box 14999, Melbourne 8001 or email [countryliving@theweeklytimes.com.au](mailto:countryliving@theweeklytimes.com.au)

<b>ACROSS</b>	<b>DOWN</b>	<b>ACROSS</b>	<b>DOWN</b>
2 Window stones	35 Object of worship	21 Saturn's greatest satellite	29 Receptacles for flowers
6 Decays	36 Looks attractive on	22 Postpone	30 Fragrant blooms
9 Wanderer	37 Entangle	24 Ventured	31 Unspoken
10 Anaesthetic	38 Weird	25 In table form	32 Fine sediment
11 Prickly shrub	39 Layer	26 Prohibit	33 Innermost part
12 Step	40 Transmits	28 Punishment cane	
14 Member of flower calyx	1 Remain suspended		
16 Distended	2 Long detailed stories		
17 Is in the chair	3 Worshipped		
19 Wrong-doing	4 Grow less		
20 Performed	5 Swelters		
23 Garbled	6 Facsimile		
26 Stew in closed vessel	7 Spoken		
27 Cold dish	8 Observed		
28 Distant	13 Yields		
29 Revere	14 Secret agents		
32 Lay	15 Hazard		
34 Echo-sounding equipment	18 Accomplished		
	20 Apprehended		

